

THE COMPLETE CAMPING CHECKLIST

Print it, tick it, pack it. Everything on this list comes from our beginner's camping guide — shelter, sleep, water, food and safety in one page.



THE TEN ESSENTIALS

You may not touch half of these on an easy weekend. They earn their space the one time something goes wrong.

- ☐ **1. Navigation** — Map and compass, or a downloaded offline map
- ☐ **2. Sun protection** — Sunscreen, lip balm, sunglasses, hat
- ☐ **3. Insulation** — An extra layer beyond what the forecast suggests
- ☐ **4. Illumination** — Headlamp, plus spare batteries
- ☐ **5. First aid** — A kit for the whole group, plus personal medications
- ☐ **6. Fire** — Lighter or waterproof matches, and a firestarter
- ☐ **7. Repair kit and tools** — Knife or multi-tool, and duct tape
- ☐ **8. Extra food** — A day's worth of no-cook food
- ☐ **9. Extra water** — More than you think, plus a way to treat more
- ☐ **10. Emergency shelter** — A space blanket or tarp as a backup

SHELTER & SLEEP — TENT

- ☐ Tent and stakes
- ☐ Sleeping bag rated for the temperatures you expect
- ☐ Sleeping pad or cot
- ☐ Pillow
- ☐ Tent sized one to two people above your group

SHELTER & SLEEP — CAMPERVAN OR RV

- ☐ Your own pillow
- ☐ A warm layer to sleep in
- ☐ Bedding kit — usually an add-on, not included

CAMP KITCHEN & FOOD

- ☐ Camp stove and fuel
- ☐ Cookware and utensils
- ☐ A sharp knife
- ☐ A cooler
- ☐ Trash bags and something to clean up with
- ☐ A separate cooler for raw food
- ☐ Food locker at your site, or a bear canister

WATER

- ☐ About 2 gallons per person per day — 1 gallon minimum for drinking
- ☐ A refillable container
- ☐ Filter or treatment if there is no potable source

WHAT TO WEAR

- ☐ Wicking base layer — wool or synthetic, never cotton
- ☐ Warm mid layer such as fleece
- ☐ Waterproof outer layer
- ☐ Rain jacket, even when the forecast looks clear
- ☐ Sturdy closed-toe shoes
- ☐ More socks than you think you need

LIGHTING, POWER & TOOLS

- ☐ Headlamp
- ☐ Backup light and spare batteries
- ☐ Power bank
- ☐ Knife or multi-tool
- ☐ A roll of duct tape

HYGIENE

- ☐ Toilet paper
- ☐ Soap
- ☐ Hand sanitizer
- ☐ Quick-dry towel

RV & CAMPERVAN EXTRAS

- ☐ Leveling blocks
- ☐ Drinking-water hose
- ☐ Camp chairs
- ☐ Outdoor mat
- ☐ Food and a water plan
- ☐ Personal clothing and toiletries
- ☐ First-aid kit

BEFORE YOU LEAVE HOME

- ☐ Charge phones, headlamps and power banks
- ☐ Download offline maps
- ☐ Check the weather forecast
- ☐ Top off propane or stove fuel
- ☐ Freeze ice packs or make ice
- ☐ Confirm your reservation and note check-in time
- ☐ Tell someone your route and when you expect to be back

roadsurfer tip: Renting a campervan? Check whether bedding and kitchen kits are part of your booking before you go shopping — they are usually add-ons, not included.